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Projection Of The Astral Body



Projection of the Astral Body

Sylvan J. Muldoon





Synopsis

This fascinating book contains the remarkable account of Sylvan Muldoor's out of body experience, scientifically edited by one of the world's foremost psychic researchers, Dr. Carrington. Including both the detailed account of Muldoor's experiences and instructions on the technique of projecting the astral body, this book is thoroughly recommended for inclusion on the bookshelf of anyone with an interest in the subject.

Book Information

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Customer Reviews

This was quite an in depth analysis on the subject which the author writes from his own experiences, and it seems quite obvious that he is not making any of it up. His explanations can be tedious at times, but this is in an effort to present the information as scientifically as possible, trying to answer any and all doubts and questions that would arise to the skeptical minded person. If you are interested in astral projection, I have never read a more revealing book on the subject.

This a Must Read for all OBE students and explorers. The kind of book that you can't let go of once

you begin reading. The detail explanation and the descriptions are astonishing. I am amazed! It gave me a renewed interest in this discipline and I understood things that I'd given up on. What a fresh breath from a century ago... Thank you, Mr. Muldoon. I am at a loss for words to express my gratitude.

This book is full of great information about Astral Projection that is presented in a straightforward manner. I have read many books and articles about this subject over the past 10 years. Many are full of scraps of insight that are glued together with abundant amounts of repetition and babble. Mr. Sylvan Muldoon, like many of the great occultists from the early 20th century, has created a work that will refresh the weary, "would-be" traveler by keeping his explanations short and concise. His theory on the astral body being ruled by the subconscious conveys why auto-suggestion is extremely important when attempting separation. He provides the traditional method of maintaining the hypnagogic state via the raised forearm of which Robert Monroe echoes in his own exercises 40 years later. His "Dream True" method is unique to any of the techniques that I have read about in the past. I cannot recommend this book enough for anyone who is attempting the art of Astral Projection.

In my opinion, Sylvan Muldoon's book continues after many decades to be the most inspiring and well written and meaningful book ever written on the out of body experience! I always suggest that anybody interested in the subject should always read this classic as being a truly honest and sincere, knowledgable guide written by the person many consider, The Father of Astral Projection.

Excellent book for astral traveling.

Sylvan Muldoon's Projection of the Astral Body can best be described as a great eye-opener. It is highly useful for the general public-i.e. for anyone who sleeps. But it is especially helpful to those curious about what happens during sleep, and those who want to sleep more adequately. It has my highest recommendation. Charlotte E. Sere The Stakes: Three Plays of the Black Experience to Heal, to Train, to Entertain

Absolutely great! Read first about 30 years ago and it's 100% convincing. Great detail about his own experiences and excellent technicksto cause projection.

A decent books, very elaborate in details.

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